

Aloo Sev Product Details

Net Weight: 190g (6.7oz)

Nutrition Facts		
Serving Size: 28.35g (1oz)		14 servings per pack
Amount per serving		% DV*
Calories	170	
Total Fat	11g	17%
Saturated Fat	5g	25%
Trans Fat	0.0g	
Cholesterol	0.0mg	0.0%
Sodium	220mg	9%
Total Carbohydrate	13g	4%
Dietary Fibre	1g	4%
Total Sugars	0g	
Added Sugars	0g	0%
Protein	2g	
Vitamin D		0%
Calcium		2%
Iron		5%
Potassium		4%
*The % Daily Value (DV) tells you how much a nutrient serving of food contributes to a daily diet. For general nutrition advice, 2000 calories a day is used.		

Ingredients	
Edible Vegetable Oil (Palm olein) (40%), Potato Flakes (25%), Chickpea Flour (25%), Rice Flour (5.95%), Maltodextrin (0.50%), Iodised Salt (1%)	
Spices & Condiments (Chilli Powder [1%], Coriander Powder, Cumin Powder, Turmeric Powder, Dry Mango Powder, Ginger Powder, Clove Powder, Cardamom, Black Pepper Powder)	2%
Dehydrated Vegetable Powder (Mint [0.2%], Garlic, Tamarind)	0.5%
Acidity Regulator (INS 330), Anticaking Agent (INS 551), Flavour Enhancer (INS 627, INS 631)	0.03%
Soya Powder	0.02%

Nutrition Information	
Typical Value (approx.)	per 100g
Energy	2417 KJ/578 kcal
Fat	40g
of which Saturates	18g
Carbohydrates	45.7g
of which Sugar	0.4g
Fibre	4.8g
Protein	8.8g
Salt	2g

Allergen Advice:

The product is made in a facility that processes Peanut, Tree Nuts, Soya, Sesame Seeds and Cereals